



Online safety advice
to send home to parents

Online safety advice for families for the summer holidays

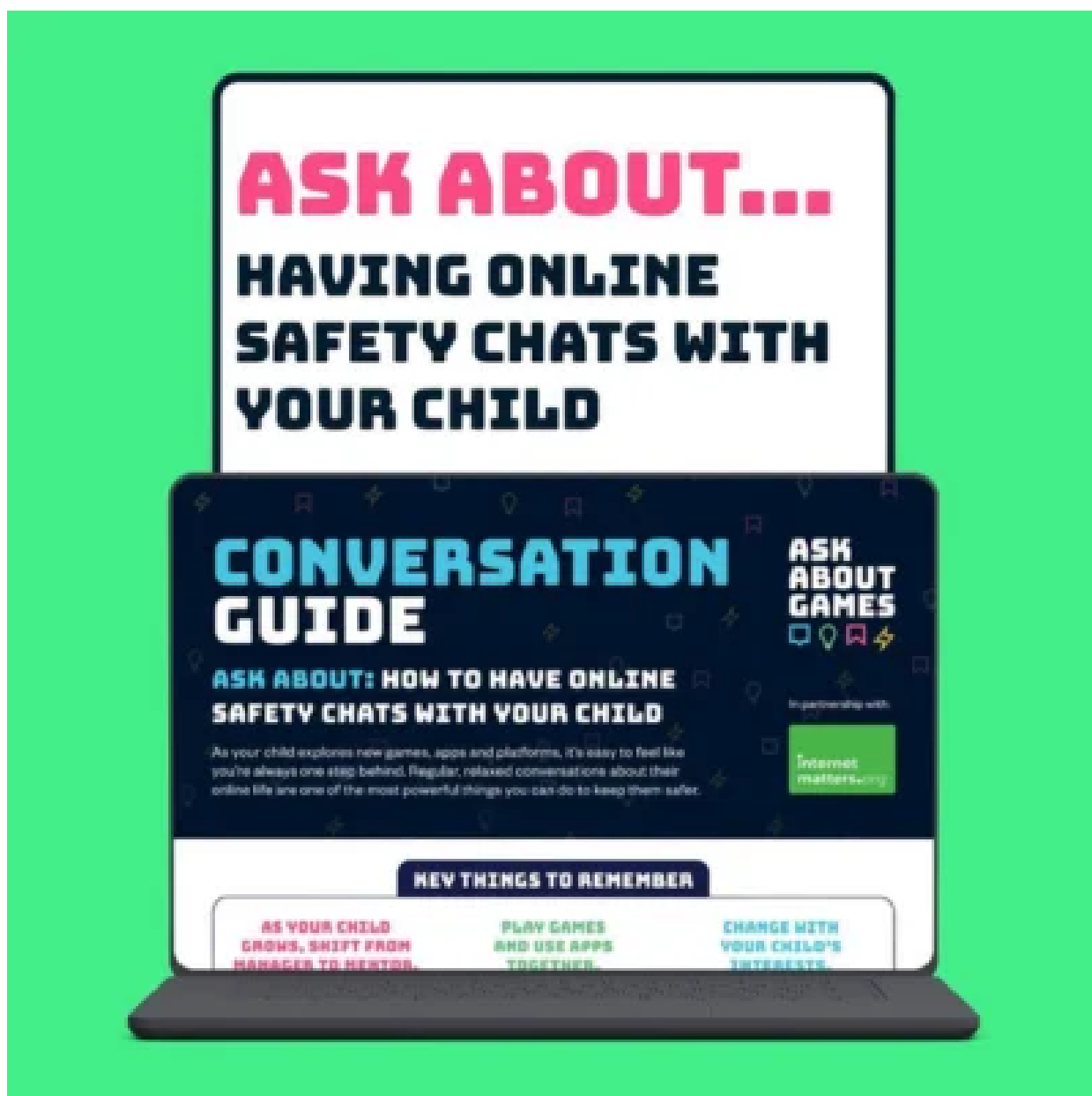
Dear parents and carers,

With the summer holidays approaching, many children will be looking forward to spending more of their free time online — and for lots of children, that means gaming.

Online games can be a brilliant way for children to have fun, connect with friends and build confidence, but it's important they know how to play safely and understand the rules of the spaces they're in.

Internet Matters offer free guidance to help you support your child with online gaming, including how to understand community rules, avoid warnings or bans, and start positive conversations about the games, apps and videos they enjoy.

Ask them a question to get a conversation going



"What game are you playing at the moment?" Sometimes, the simplest questions start the most important conversations.

Internet Matters have partnered with Ukie to create a free [Conversation Guide](#) to help parents and carers turn everyday chats about games, videos, and apps into opportunities to talk about online safety with your child.

Ask About Games also offers [guides](#) to hundreds of online games, to help you find the games that are the perfect match to the age and interests of your family.

Start the conversation

How to help your child avoid warnings and bans in games



Neurodivergent children can really benefit from playing online games, whether it's through connection with others, improving their communication skills, self-regulating, or simply having fun.

However, just like any other online space, there are community guidelines to follow. Sometimes, neurodivergent children find these rules challenging to understand.

Check out Internet Matters' useful tips to help neurodivergent young people avoid being reported or banned when they're playing games online.

Help them to say it right



Together,
we've got this.



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