Newsletter November2026

Facts & Figures:

From **July to September 2026**, we provided emergency food & toiletry supplies to a total of **2,350** people across our Durham foodbank network. We helped **1,674** adults and **676** children.

We currently have a total of **34 Foodbanks** across Sunderland & County Durham.

News:

You might be eligible for benefits and support, but be wary of companies charging fees to help you apply. These can take up to half the money you're owed.

Claiming benefits should never cost you anything! Visit the *Claiming your benefits is free* website for free trusted support, or contact local organisations like Citizens Advice, Groundwork, CDMAC and DCCS.

Upcoming Events:

Christmas Appeal: Christmas is a time for giving, sharing and spending time with loved ones. But while many of us look forward to celebrating, it's also a reminder that not everyone in our community has enough to enjoy the festive season.

That's why alongside our usual food parcel essentials, we like to provide an extra-special parcel at Christmas, filled with festive treats to spread a little extra cheer.

Christmas Hamper Donations needed by Friday 4th December: Selection boxes, mince pies, Christmas pudding, Christmas cake, chocolates, biscuits, tinned salmon, tinned ham, savoury nibbles, sweets and Christmas crackers.

Additional News:

From **July to September 2026**, **County Durham Money Advice Centre** has helped clients manage **£588,237** of debt and secured **£39,401** in additional income, making a real difference in people's lives.

Worried about your water bill? Northumbrian Water offers support for people struggling with bills, including those on low incomes, larger families and people with additional needs. Find out what help is available and check your eligibility: https://www.nwl.co.uk/support

Worried about loan sharks or someone lending money illegally? You can report a loan shark safely and confidentially through **Stop Loan Sharks**. You don't need to have borrowed money yourself to report your concerns. Find out more at: https://www.stoploansharks.co.uk/

Shortage Items:

We're currently in need of **long-life fruit juice, tinned fruit, rice pudding, custard, tinned potatoes, jam/preserves, coffee, toiletries and carrier bags.**



THANK YOU, AS ALWAYS FOR YOUR CONTINUING SUPPORT.

www.durhamfoodbank.org.uk

